

Spring Term School Menu - Week 1

W/C 24th Feb, 17th March

MON

MAIN

Beef Bolognese
Pasta
(wheat)
Garlic Bread
(wheat)
Grated Cheese
(milk)

VEGETARIAN / VEGAN

Plant Based Bolognese
(soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Iced School Cake
with Sprinkles
(egg, wheat)

TUE

MAIN

Chicken Goujon
Wraps
(wheat)
Potato Wedges
Shredded Lettuce
Sweetcorn
Sweet Chilli Sauce
Garlic Mayo
(egg)

VEGETARIAN / VEGAN

Vegan Quorn Nuggets
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Millionaire
Shortbread
(wheat, soya, milk)

WED

MAIN

Beef Curry
Naan Bread
(wheat)
Rice
Mango Chutney

VEGETARIAN / VEGAN

Vegetable Curry

SOUP OF THE DAY

SALAD BAR

DESSERT

Fresh Fruit Salad
Cream
(milk)

THU

MAIN

Chicken & Vegetable
Chow Mein Mix
(soya)
Spring Rolls
(wheat)
Egg Noodles
(wheat, egg)
Teriaki Sauce
(soya)

VEGETARIAN / VEGAN

Vegetable Chow Mein
(v, vg)
(wheat, soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Butterfly Cakes
(wheat, egg)

FRI

MAIN

Fish
(wheat, mustard, milk)
Chips
Peas
Baked Beans
Tomato Ketchup

VEGETARIAN / VEGAN

Quorn Fish Fingers
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Tiffin
(soya, wheat, milk)

Spring Term School Menu - Week 2

W/C 3rd March, 24th March

MON

MAIN

Pasta

(wheat)

Choice of Sauce:

Creamy Pesto

(milk)

Tomato & Basil

Cheese

(milk)

Garlic Bread

(wheat)

VEGETARIAN

/ VEGAN

Tomato & Basil Sauce

Pasta

Vegan Cheese

(oatfibre)

SOUP OF THE DAY

SALAD BAR

DESSERT

Homemade Flapjack

(wheat, milk)

TUE

MAIN

Sausages

(wheat, sulphites)

Mashed Potato

(milk)

Peas

Beans

VEGETARIAN

/ VEGAN

Vegan Sausages

(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Blackcherry

Cheesecake

(wheat, milk)

WED

MAIN

Chicken Tikka Burger

(milk)

Brioche Bun

(wheat, egg, milk)

Potato Wedges

Shredded Lettuce

Mayonnaise

(egg)

VEGETARIAN

/ VEGAN

Tikka Quorn Fillet

(wheat)

Bread Roll (gf)

(soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Carrot Cake

(wheat, egg, milk)

Carrot Cake without

Topping

(wheat, egg)

THU

MAIN

Roast Gammon or Pork

Crushed Potatoes

Carrots

Broccoli

Gravy

VEGETARIAN

/ VEGAN

Vegan Mince &

Onion Pie

(wheat,soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Melon Pieces

FRI

MAIN

Chicken Goujons

(wheat)

Chips

Peas

Baked Beans

Tomato ketchup

VEGETARIAN

/ VEGAN

Quorn Goujons

(v, vg)

(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Chocolate Cookies

(soya, wheat, milk)

Spring Term School Menu - Week 3

W/C 3rd March, 24th March

MON

MAIN

Cheese & Tomato
Pizza
(milk, wheat)
Diced Potatoes
Coleslaw
(egg)
Salad

VEGETARIAN / VEGAN

Vegetarian Pizza
(wheat, milk)
Vegan Pizza
(oatfibre, wheat)
Gluten Free Pizza
(soya, milk)

SOUP OF THE DAY

SALAD BAR

DESSERT

Raspberry & White
Chocolate Cupcakes
(milk, wheat, egg, soya)

TUE

MAIN

Creamy Chicken
Stroganoff
(milk, sulphites)
Rice

VEGETARIAN / VEGAN

Mushroom Stroganoff
(vg) (soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Homemade Jamaican
Ginger Cake
(wheat, egg, milk)
Custard
(milk)

WED

MAIN

Beef Lasagne
(wheat, milk)
Garlic Bread
(wheat)
Sweetcorn
Side Salad

VEGETARIAN / VEGAN

Vegetable Lasagne
(wheat, milk)
Vegan Lasagne
(wheat, oatfibre)

SOUP OF THE DAY

SALAD BAR

DESSERT

Homemade Orange
Scented Bread &
Butter Pudding
(egg, wheat, milk)
Cream
(milk)

THU

MAIN

Honey, Soy, Garlic &
Ginger Chicken
(soya)
Egg Noodles
(wheat, egg)
Pak Choi, Beansprouts
& Mange Tout

VEGETARIAN / VEGAN

Soya, Garlic & Ginger
Quorn Fillet
(wheat, soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Iced Finger Bun
(wheat)

FRI

MAIN

Fish Fingers
(fish, wheat, mustard, milk)
Chips
Peas
Baked Beans
Tomato Ketchup

VEGETARIAN / VEGAN

Fishless Fingers
(vg) (wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Choc Ice
(milk, soya)