

MON

MAIN

Beef Bolognaise
Pasta
(wheat)
Garlic Bread
(wheat)
Grated Cheese
(milk)

VEGETARIAN / VEGAN

Plant Based Bolognaise
(soya,)

SOUP OF THE DAY

SALAD BAR

DESSERT

Marble Cake
(wheat, egg)

TUE

MAIN

Chicken Goujon Wraps
(wheat)
Potato Wedges
Shredded Lettuce
Sweetcorn
Chilli Sauce

VEGETARIAN / VEGAN

Vegan Quorn Wraps
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Millionaire Shortbread
(wheat, soya, milk)

WED

MAIN

Beef Curry
Naan Bread
(wheat)
Rice
Mango Chutney

VEGETARIAN / VEGAN

Vegetable Curry
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Fresh Fruit Salad
Cream
(milk)

THU

MAIN

Chicken & Vegetable
Chow Mein
(soya,)
Spring Rolls
(wheat)
Egg Noodles
(egg, wheat)

VEGETARIAN / VEGAN

Vegetable Chow
Mein (v, Vg)
(wheat, soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Butterfly cakes
(wheat, egg)

FRI

MAIN

Fish
(wheat, mustard, milk)
Chips
Peas
Baked Beans
Tomato Ketchup
(celery)

VEGETARIAN / VEGAN

Quorn Fish Fingers
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Tiffin
(soya, milk, wheat)

Spring Term School Menu - Week 2

W/C 3rd March, 24th March

MON

MAIN

Pasta (wheat)
with choice of sauce:

Creamy Pesto
Tomato & Basil

VEGETARIAN / VEGAN

Choice from Main Menu
Vegan Cheese
(oatfibre)

SOUP OF THE DAY

SALAD BAR

DESSERT

Homemade Flapjack
(gluten free)

TUE

MAIN

Lamb Kofta
(sulphites)
Flatbread
(wheat)
Spiced Rice &
Sweetcorn
Mango Mayonnaise
(egg)

VEGETARIAN / VEGAN

Spiced Vegetable
Kebab
Flatbread (wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Lemon & Passionfruit
Cheesecake
(wheat, milk, beef
gelatine)

WED

MAIN

Chicken Tikka Burger
(milk)
Brioche Bun
(wheat, egg, milk)
Potato Wedges
Shredded Lettuce
Raita (milk)
Mango Mayonnaise
(egg)

VEGETARIAN / VEGAN

Tikka Quorn Fillet
(wheat)
Gluten Free Bread
Rolls (soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Carrot Cake
(egg, milk)
Carrot Cake without
Topping (egg)

THU

MAIN

Gammon or Pork Roast
Crushed Potatoes
Carrots
Gravy

VEGETARIAN / VEGAN

Quorn Sausages
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Melon Pieces

FRI

MAIN

Chicken Goujons
(wheat)
Chips
Peas
Baked Beans
Tomato Ketchup
(celery)

VEGETARIAN / VEGAN

Quorn Goujons
(v, Vg)
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Chocolate Cookies
(milk, wheat, soya)

MON

MAIN

Creamy Chicken
Stroganoff
(milk, sulphites)

Rice

VEGETARIAN / VEGAN

Mushroom Stroganoff
(v) (milk, sulphites)
Mushroom Stir Fry
(Vg) (soya)

SOUP OF THE DAY

SALAD BAR

DESSERT

Raspberry & White
Chocolate Muffins
(milk, wheat, eggs)

TUE

MAIN

Pizza Day:
Cheese & Tomato (milk,
wheat)
Herby Diced Potatoes
(wheat)
Coleslaw (egg)

VEGETARIAN / VEGAN

Vegetarian Pizza
(wheat, milk)
Vegan Pizza
(oatfibre)
Gluten Free Pizza
(soya, mustard, milk)

SOUP OF THE DAY

SALAD BAR

DESSERT

Homemade Jamaican
Ginger Cake
(wheat, eggs, milk)
Custard
(milk)

WED

MAIN

Honey, Soy, Garlic &
Ginger Chicken
(soya)
Egg Noodles
(wheat, egg)
Pak Choi

VEGETARIAN / VEGAN

Soya, Garlic &
Ginger Fillet
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Homemade Orange
Scented Bread &
Butter Pudding (egg,
wheat, milk)
Cream (milk)

THU

MAIN

Beef Lasagne
(wheat)
Garlic Bread
(wheat)
Salad

VEGETARIAN / VEGAN

Vegetable Lasagne
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Iced Finger Bun
(wheat)

FRI

MAIN

Fish Fingers
(fish, wheat, milk, mustard)
Chips
Peas
Baked Beans
Tomato Ketchup
(celery)

VEGETARIAN / VEGAN

Vegan Fishless Fingers
(wheat)

SOUP OF THE DAY

SALAD BAR

DESSERT

Choc Ice
(milk)