

School Menu - Week 3

W/C 29th April, 20th May, 17th June, & 8th July

MON

MAIN

BBQ Pulled Pork
Hogie
(wheat)
Corn on the Cob
Grilled Peppers

VEGETARIAN / VEGAN

BBQ Pulled Jackfruit
Hogie (vg) (wheat)

SALAD BAR

DESSERT

Blackberry Mousse
(milk)
Vanilla Cream
(milk)

TUE

MAIN

Chilli Beef Nachos
Guacamole
Sour Cream
(milk)
Chilli Sauce
(sulphites)
Salad

VEGETARIAN / VEGAN

Vegan Chilli
Nachos (vg)

SALAD BAR

DESSERT

Triple Chocolate
Brownie
(wheat, milk)
Chocolate Sauce
(milk)

WED

MAIN

Salad Day:
Hand Carved Ham
Salmon Fillet (fish)
Tabouleh (wheat)
Greek Salad (vg)
Soy & Ginger Mushrooms
Devilled Egg (egg)
Sweet Potato Salad
Spiced Cauliflower

VEGETARIAN / VEGAN

Quorn Fillet (vg)
(soya)

SALAD BAR

DESSERT

Lime Iced Muffins
(wheat, egg)

THU

MAIN

Chicken & Vegetable
Cous Cous
(wheat)
Flatbread
(wheat)
Zaalouk

VEGETARIAN / VEGAN

Vegetable Tagine

SALAD BAR

DESSERT

Salted Caramel
Sponge
(egg, wheat, milk)
Custard
(milk)

FRI

MAIN

Fish & Chips
(fish, gluten, milk, mustard)
Peas
Baked Beans
Homemade Tartare
Sauce
(egg)

VEGETARIAN / VEGAN

Same as Main Menu

SALAD BAR

DESSERT

Lemon Meringue Pie
(egg, wheat, milk)