

# Spring Term School Menu - Week 1

W/C 6th Jan, 27th Jan, 24th Feb, 17th March

## MON

### MAIN

Spaghetti Bolognaise

(wheat)

Garlic Bread

(wheat)

Salad

### VEGETARIAN / VEGAN

Vegan Bolognaise

(soya)

### SALAD BAR

### DESSERT

Iced School Cake  
with Sprinkles

(egg)

## TUE

### MAIN

Butter Chicken

Curry

(chicken, milk)

Basmati Rice

Naan Bread

(wheat, milk)

Mango Chutney

(mustard)

### VEGETARIAN / VEGAN

Vegetable Curry

### SALAD BAR

### DESSERT

Lemon Posset

(milk)

Vegan Chocolate

Mousse

## WED

### MAIN

Roast Gammon

(pork)

Roast Potatoes

Medley of Vegetables

Gravy

### VEGETARIAN / VEGAN

Vegetable Roast

### SALAD BAR

### DESSERT

Chocolate Cake

(wheat, egg)

## THU

### MAIN

Pasta

(wheat)

Choice of Sauce:

Tomato & Basil (v)

Mascarpone, Mushroom

& Spinach (v)

(milk)

Lightly Spiced Tomato

& Vegetable (v)

Cheese Garlic Bread

(wheat, cheese)

### SALAD BAR

### DESSERT

Fresh Fruit Salad

Yoghurt

(milk)

## FRI

### MAIN

Chicken Goujons

(wheat, milk)

Chips

Peas

Baked Beans

Tomato Sauce

(celery)

### VEGETARIAN / VEGAN

Vegan Goujons

(wheat)

### SALAD BAR

### DESSERT

Lemon Tart

(wheat, egg, milk)

# Spring Term School Menu - Week 2

W/C 13th Jan, 3rd Feb, 3rd March, 24th March

## MON

### MAIN

Pesto Pasta with  
Sundried Tomatoes (v)  
(wheat, milk)

or

Macaroni Cheese (v)  
(wheat, milk)

Garlic Bread  
(wheat)

Sweetcorn

### VEGETARIAN / VEGAN

Macaroni Cheese  
(wheat, oat fibre)

### SALAD BAR

### DESSERT

Apple & Fruits of the  
Forest Crumble

(wheat)

Cream

(milk)

## TUE

### MAIN

Chicken Fajitas  
Tortilla Wraps  
(wheat)

Grated Cheese  
(milk)

Salsa

Sour Cream  
(milk)

Shredded Lettuce

Spiced Rice

### VEGETARIAN / VEGAN

Vegan Quorn  
(wheat)

Vegan Cheese  
(oat fibre)

### SALAD BAR

### DESSERT

Lemon Drizzle Cake  
(wheat, egg)

## WED

### MAIN

Beef Lasagne  
(milk, wheat)

Salad

Garlic Bread  
(wheat)

### VEGETARIAN / VEGAN

Vegetable Lasagne  
(Soya, wheat)

### SALAD BAR

### DESSERT

Vanilla Cupcake  
(wheat, egg)

## THU

### MAIN

Chilli Nachos  
Rice

Guacamole

Cheese  
(milk)

Salad

### VEGETARIAN / VEGAN

Vegan Nachos

### SALAD BAR

### DESSERT

Cherry & Apple Crumble  
Tart

(wheat, milk, egg)

Cream

(milk)

## FRI

### MAIN

Fish Fingers  
(wheat, mustard, milk)

Chips

Peas

Baked Beans

Tomato Ketchup  
(celery)

### VEGETARIAN / VEGAN

Vegan Goujons  
(wheat)

### SALAD BAR

### DESSERT

Sticky Toffee Pudding  
(egg, milk)

Caramel Sauce

Cream

(dairy)

# School Menu - Week 3

W/C 20th Jan, 10th Feb, 10th March, 31st March

## MON

### MAIN

Pasta  
(wheat)  
Meatballs  
(pork, wheat, sulphites)  
Grated Cheese  
(milk)

### VEGETARIAN / VEGAN

Vegan Meatballs  
(soya)  
Vegan Cheese  
(oat fibre)

### SALAD BAR

### DESSERT

Dark Chocolate Cookies  
(wheat, soya)  
Brown Butter Cookies  
(milk, wheat, soya)

## TUE

### MAIN

Vegetable Curry (v)  
(celery)  
Rice  
Naan  
(wheat, milk)  
Chutney  
(mustard)

### VEGETARIAN / VEGAN

Same as Main Menu

### SALAD BAR

### DESSERT

Rocky Road  
(milk, pork gelatine,  
barley, wheat)

## WED

### MAIN

Sausages  
(wheat, sulphur dioxide)  
Gluten Free Sausages  
(gf)  
Mashed Potato  
(milk)  
Peas

### VEGETARIAN / VEGAN

Vegan Sausages  
Dairy Free Mashed  
Potato

### SALAD BAR

### DESSERT

Raspberry & Passion Fruit  
Cheesecake  
(wheat, milk, pork gelatine)

## THU

### MAIN

Chicken Fried Rice  
(soya)  
Spring Rolls  
(wheat, soya)  
Teriyaki Sauce with  
Ginger  
(soya)

### VEGETARIAN / VEGAN

Vegan Fried Rice

### SALAD BAR

### DESSERT

Toffee Apple Muffin  
(wheat, egg)

## FRI

### MAIN

Chicken Goujons  
(wheat, milk)  
Chips  
Peas  
Baked Beans  
Tomato Ketchup  
(celery)

### VEGETARIAN / VEGAN

Vegan Goujons  
(wheat)

### SALAD BAR

### DESSERT

Lemon &  
Cheesecake Mousse  
(milk, wheat)