

Spring Term School Menu - Week 1

W/C 6th Jan, 27th Jan, 24th Feb, 17th March

MON

MAIN

Beef Bolognese
Pasta
(wheat)
Garlic Bread
(wheat)
Grated Cheese
(milk)

VEGETARIAN / VEGAN

Vegan Bolognese
(soya)

SALAD BAR

DESSERT

Iced School Cake
with Sprinkles
(egg, wheat)

TUE

MAIN

Chicken Curry
(milk)
Basmati Rice
Naan Bread
(wheat, milk)
Mango Chutney
(mustard)

VEGETARIAN / VEGAN

Vegetable Curry

SALAD BAR

DESSERT

Raspberry Mousse
(milk)

WED

MAIN

Roast Gammon
(pork)
Roast Potatoes
Medley of Vegetables
Gravy

VEGETARIAN / VEGAN

Quorn Pie
(wheat)

SALAD BAR

DESSERT

Chocolate Chip Cake
(wheat, egg, soya, milk)
Dairy Free Cakes
(egg, wheat)

THU

MAIN

Pasta
(wheat)

Choice of Sauce:
Tomato & Basil (v)
Creamy Mushroom &
Spinach (v)
(milk, wheat)
Lightly Spiced Tomato
& Vegetable (v)

Cheese Garlic Bread
(wheat, milk)

SALAD BAR

DESSERT

Fresh Fruit Salad
Yoghurt
(milk)

FRI

MAIN

Chicken Goujons
(wheat, soya)
Chips
Peas
Baked Beans
Tomato Sauce
(celery)

VEGETARIAN / VEGAN

Vegan Goujons
(wheat)

SALAD BAR

DESSERT

Banoffee Pie
(wheat, milk)

Spring Term School Menu - Week 2

W/C 13th Jan, 3rd Feb, 3rd March, 24th March

MON

MAIN

Macaroni Cheese
(wheat, milk)

Garlic Bread
(wheat)

Sweetcorn

VEGETARIAN / VEGAN

Macaroni Cheese
(wheat, oat fibre)

SALAD BAR

DESSERT

Apple Crumble
(wheat)

Cream
(milk)

TUE

MAIN

Chicken Fajitas
Tortilla Wraps
(wheat)

Grated Cheese
(milk)

Salsa

Sour Cream
(milk)

Shredded Lettuce
Spiced Rice

VEGETARIAN / VEGAN

Vegan Quorn Fajitas
(wheat)

Vegan Cheese
(oat fibre)

SALAD BAR

DESSERT

Carrot Cake
(wheat, egg, milk)

WED

MAIN

Beef Lasagne
(milk, wheat)

Salad

Garlic Bread
(wheat)

Coleslaw
(egg)

VEGETARIAN / VEGAN

Vegetable Lasagne
(wheat)

SALAD BAR

DESSERT

Fruit in Jelly
(pork gelatine)

Ice Cream
(milk)

THU

MAIN

Chicken Fried Rice
(soya)

Spring Rolls
(wheat, soya)

Teriyaki Sauce with
Ginger
(soya)

VEGETARIAN / VEGAN

Vegan Fried Rice
(wheat, soya)

SALAD BAR

DESSERT

Jam Doughnuts
(wheat, soya)

FRI

MAIN

Fish Fingers
(wheat, mustard, milk)

Chips

Peas

Baked Beans
Tomato Ketchup
(celery)

VEGETARIAN / VEGAN

Quorn Fish Fingers
(wheat)

SALAD BAR

DESSERT

Sticky Toffee Pudding
(egg, milk, wheat)

Caramel Sauce
Cream
(dairy)

School Menu - Week 3

W/C 20th Jan, 10th Feb, 10th March, 31st March

MON

MAIN

Pasta
(wheat)
Meatballs
(pork, wheat, sulphites)
Tomato Sauce
Grated Cheese
(milk)

VEGETARIAN / VEGAN

Vegan Meatballs
(soya)
Vegan Cheese
(oat fibre)

SALAD BAR

DESSERT

Assorted Cookies
(wheat, milk, soya)

TUE

MAIN

Vegetable Curry (v)
(celery)
Rice
Naan
(wheat, milk)
Chutney
(mustard)

VEGETARIAN / VEGAN

Same as Main Menu

SALAD BAR

DESSERT

Rice Crispy Cake
(barley, soya)

WED

MAIN

Sausages
(wheat, sulphur dioxide)
Gluten Free Sausages
(gf)
Herby Diced Potatoes
(wheat)
Peas
Grilled Tomato

VEGETARIAN / VEGAN

Vegan Sausages

SALAD BAR

DESSERT

Vanilla Cheesecake
(wheat, milk)

THU

MAIN

Chilli Nachos
Rice
Guacamole
Salsa
Cheese
(milk)

VEGETARIAN / VEGAN

Vegan Chilli
(soya)

SALAD BAR

DESSERT

Blueberry Muffins
(wheat, egg)

FRI

MAIN

Chicken Goujons
(wheat, soya)
Chips
Peas
Baked Beans
Tomato Ketchup
(celery)

VEGETARIAN / VEGAN

Vegan Goujons
(wheat)

SALAD BAR

DESSERT

Chocolate Brownie
(milk, wheat, soya)