

School Menu - Week 1

W/C 2nd Sept, 23rd Sept, 14th Oct, 11th Nov, 2nd Dec

MON MAIN

Spaghetti Bolognaise
(wheat)
Garlic Bread
(wheat)
Salad

VEGETARIAN / VEGAN

Vegan Bolognaise
(soya)

SALAD BAR

DESSERT

Iced School Cake
with Sprinkles
(egg)

TUE MAIN

Butter Chicken
Curry
(chicken, milk)
Basmati Rice
Naan Bread
(wheat, milk)
Mango Chutney
(mustard)

VEGETARIAN / VEGAN

Vegetable Curry

SALAD BAR

DESSERT

Lemon Posset
(milk)
Vegan Chocolate
Mousse

WED MAIN

Roast Gammon
(pork)
Roast Potatoes
Medley of Vegetables
Gravy

VEGETARIAN / VEGAN

Vegetable Roast

SALAD BAR

DESSERT

Chocolate Cake
(wheat, egg)

THU MAIN

Vegetable Lasagne
(wheat, milk)
Garlic Bread
(wheat)
Salad

VEGETARIAN / VEGAN

Vegan Lasagne
(wheat)

SALAD BAR

DESSERT

Fresh Fruit Salad
Yoghurt
(milk)

FRI MAIN

Chicken Goujons
(wheat, milk)
Chips
Peas
Baked Beans
Tomato Sauce
(celery)

VEGETARIAN / VEGAN

Vegan Goujons
(wheat)

SALAD BAR

DESSERT

Lemon Tart
(wheat, egg, milk)

School Menu - Week 2

W/C 9th Sept, 30th Sept, 21st Oct & 18th Nov, 9th Dec,

MON MAIN

Pesto Macaroni Cheese
(wheat, mik)
Garlic Bread
(wheat)
Sweetcorn

VEGETARIAN / VEGAN

Macaroni Cheese
(wheat, oat fibre)

SALAD BAR

DESSERT

Apple & Fruits of the
Forest Crumble
(wheat)
Cream
(milk)

TUE MAIN

Chicken Fajitas
Tortilla Wraps
(wheat)
Grated Cheese
(milk)
Salsa
Sour Cream
(milk)
Shredded Lettuce
Spiced Rice

VEGETARIAN / VEGAN

Vegan Quorn
(wheat)
Vegan Cheese
(oat fibre)

SALAD BAR

DESSERT

Lemon Drizzle Cake
(wheat, egg)

WED MAIN

Beef Lasagne
(milk, wheat)
Salad
Garlic Bread
(wheat)

VEGETARIAN / VEGAN

Vegetable Lasagne
(Soya, wheat)

SALAD BAR

DESSERT

Vanilla Cupcake
(wheat, egg)

THU MAIN

Chilli Nachos
Rice
Guacamole
Cheese
(milk)
Salad

VEGETARIAN / VEGAN

Vegan Nachos

SALAD BAR

DESSERT

Cherry & Apple Crumble
Tart
(wheat, milk, egg)
Cream
(milk)

FRI MAIN

Chicken Goujons
(wheat, milk)
Chips
Peas
Baked Beans
Tomato Ketchup
(celery)

VEGETARIAN / VEGAN

Vegan Goujons
(wheat)

SALAD BAR

DESSERT

Sticky Toffee Pudding
(egg, milk)
Caramel Sauce
Cream
(dairy)

School Menu - Week 3

W/C 16th Sept, 7th Oct, 4th Nov, 25th Nov

MON

MAIN

Pasta
(wheat)
Meatballs
(pork, wheat, sulphites)
Grated Cheese
(milk)

VEGETARIAN / VEGAN

Vegan Meatballs
(soya)
Vegan Cheese
(oat fibre)

SALAD BAR

DESSERT

Dark Chocolate Cookies
(wheat, soya)
Brown Butter Cookies
(milk, wheat, soya)

TUE

MAIN

Minced Beef with Crushed
Roasted Potatoes
(celery)
Medley of Vegetables
Gravy

VEGETARIAN / VEGAN

Vegan Mince with Crushed
Roasted Potatoes
(celery)

SALAD BAR

DESSERT

Rocky Road
(milk, pork gelatine,
barley, wheat)

WED

MAIN

Sausages
(wheat, sulphur dioxide)
Gluten Free Sausages
(gf)
Mashed Potato
(milk)
Peas

VEGETARIAN / VEGAN

Vegan Sausages
Dairy Free Mashed
Potato

SALAD BAR

DESSERT

Raspberry & Passion Fruit
Cheesecake
(wheat, milk, pork gelatine)

THU

MAIN

Chicken Fried Rice
(soya)
Spring Rolls
(wheat, soya)

VEGETARIAN / VEGAN

Vegan Chow Mein

SALAD BAR

DESSERT

Toffee Apple Muffin
(wheat, egg)

FRI

MAIN

Chicken Goujons
(wheat, milk)
Chips
Peas
Baked Beans
Tomato Ketchup
(celery)

VEGETARIAN / VEGAN

Vegan Goujons
(wheat)

SALAD BAR

DESSERT

Lemon &
Cheesecake Mousse
(milk, wheat)